

Around the World Run

RUNNING COURSE 5K/10K

AROUND THE WORLD RUN

FORT BRAGG, NC

NC-01004-PH for 10K

NC-01003-PH for the 5K



MAP IS NOT TO SCALE - NOT ALL INTERSECTING STREETS ARE SHOWN
RUNNERS MAY USE SHORTEST POSSIBLE ROUTE AT ALL TIMES

Website: www.active.com
(Search for 2010 Around The World Run)



Friends of Civil Affairs promotes camaraderie, responsibility, team-building, and professional development of everyone interested in welfare and morale of the service-members and family members of the Regular Army Civil Affairs units.

FRIENDS OF CIVIL AFFAIRS

2010 AROUND THE WORLD RUN

**5k Family Walk/Run
&
10K Race**

**FOCA
PO Box 73455
Fort Bragg, NC 28307**

FRIENDS OF CIVIL AFFAIRS



2010 AROUND THE WORLD RUN

**5k Family Walk/Run
&
10K Race**

5K ENTRY FEES:

**\$15 Advanced Registration
(must be postmarked on or
before March 7th, 2010)
\$20 Late Registration.**

**PRE-RACE PACKET PICK-UP,
REGISTRATION & DINNER
March 20th, 4:00 p.m. to 7:00 p.m.
at II Brothers Pizza (Reilly Rd)**

10K ENTRY FEES:

**\$20 Advanced Registration
(must be postmarked on or
before March 7th, 2010)
\$25 Late Registration.**

POSTAGE

RACE DATE: Saturday, March 21st, 2009

T-shirts and promotional bags will be available to first 300 registered runners.

RACE DAY REGISTRATION:

7:00 a.m. — At race Start Point on Son Tay Road

START TIME:

8:30 a.m. — 5K Run/Walk & 10k Run

10K ENTRY FEES:

\$20 Advanced Registration

(must be postmarked on or before **March 7th, 2009**)

\$25 Late Registration.

5K ENTRY FEES:

\$15 Advanced Registration

(must be postmarked on or before **March 7th, 2009**)

\$20 Late Registration.

All registration fees are non- refundable.

CERTIFIED COURSE:

The start points of these USA Track & Field certified routes are located on Son Tay Road near Building H-2334 on Fort Bragg, NC. USAT&F Certification #NC-01004-PH for 10K #NC-01003-PH for the 5K

Timing by Atlantic Coast Timing System

AWARDS:

5K age categories (expanded age categories):

10 & under, 11-14, 15-17, 18-24, 25-29, 30-34,
35-39, 40-44, 45-49, 50-54, 55-59, 60 and over

10K age categories:

19 & under, 20-24, 25-29, 30-34, 35-39, 40-44
45-49, 50-54, 55-59, 60 and over

SEND MAIL-IN REGISTRATION TO:

FOCA

PO Box 73455

Fort Bragg, NC 28307

ON-LINE REGISTRATION:

Active.com (search for "Around The World Run)

PRE-RACE REGISTRATION AND PACKET PICK-UP:

When: 20 MAR 09 (FRI) 4:00 pm to 7:00 pm

Where: Il Brothers Pizza on Reilly Road

What: Registered Runners Receive a Free Drink with purchase of buffet.

REGISTRATION FORM (please print)

NAME: _____ DOB: _____ AGE ON 4/19/08: _____

SEX: _____ ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ WOULD YOU LIKE TO BE CONTACTED ON UPCOMING EVENTS? Yes / No

EMAIL: _____ (FOR EVENT UPDATES)

CIRCLE YOUR EVENT: 10K Run 5K Run/Family Fun Walk CIRCLE YOUR T-SHIRT SIZE: S M L XL

I understand that the Around The World Run/Walk requires a level of physical fitness and health and entails associated risks. I am participating in this race freely and, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I have or may have against the Friends of Civil Affairs and/or the organizers and sponsors of this run and their representatives, as well as any and all claims of danger and actions whatsoever in any manner as a result of my participation in this race, including (but not limited to) any injuries I might suffer. I acknowledge that I am aware of the inherent risks involved in running such a race.

I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I further understand that I will be charged a \$25 fee for the failure to return the timing chip.

I certify that I am at least 18 years of age and have read and understand all of the above.

Signature: _____ Date: _____

I am under 18 years of age. My parent or legal guardian signifies that he/she has read and understands all of the above by signing below.

Signature of Parent/Guardian: _____ Date: _____

DIRECTIONS TO STARTING POINT

From the West

Charlotte Area: Take 74 East to Laurinburg. Turn left onto 401-North and follow signs for 401 Bus. through Fayetteville. Take the All-American Freeway on to Fort Bragg. After entering the Access Control Point, take the first right on to Gruber Road. Turn left on 9th Infantry Street to locate parking.

Greensboro Area:

Route 421 South to Route 87. Route 87-South in Fayetteville becomes Bragg Boulevard. Enter the Randolph Street Gate. After entering the Access Control Point, turn left on to Knox Street. Drive 1.7 miles to Gruber Road. Turn right and drive 1.5 miles, then turn left on to 9th Infantry Street to locate parking.

From the North (I-95 South)

I-95 South to exit 52-B. This is NC 24, Grove Street, which becomes Rowan Street. At "T" intersection, turn right on to Bragg Boulevard. Continue on Bragg Blvd until you enter Fort Bragg. Turn left on to Randolph Street Gate. After entering the Access Control Point, turn left on to Knox Street. Drive 1.7 miles to Gruber Road. Turn right and drive 1.5 miles, then turn left on to 9th Infantry Street to locate parking.

From the South:

Exit 46, take NC 87 North, which becomes Martin Luther King, Jr. Freeway (MLK). Exit the MLK Freeway at Bragg Blvd. See "From the North" directions.

From the East:

Follow 74 West to 87 North. See the "From the South" directions above.

From RDU International Airport:

Take I-40 East to I-95 South. See the "From the North" directions to the left.